## ROCRTANDS <br> Barbeque and Grilling Company <br> 

## CANPRING



Lunches • Parties • Picnics • Weddings
Reunions • Pig Roasts • Meetings • Corporate Events

Your Full-Service Catering Company
703-778-8000 or catering@rocklands.com


## ROCKIANDS

Barheque and Grilling Company

Thank you for considering ROCKLANDS Barbeque and Grilling Company for your event. We serve the best barbequed and grilled foods in the Washington, DC area, creating a memorable experience at your place or ours.


## Great barbeque and so much more!



Here's what we can do for you:
Passed Appetizers ..... 4-5
Stationary Appetizers ..... 6-7
Real Barbeque ..... 8
Specialty Items ..... 9
Set Menus ..... 10-11
Side Dishes ..... 12
Vegetarian Meal Options ..... 13
Beverages \& Sauces ..... 14
Desserts ..... 15
Testimonials ..... 16-17
Holidays with ROCKLANDS ..... 18
Locations ..... 20


## Passed Appetivers

## Grilled Marinated <br> Chicken Tenderloins

Citrus marinated chicken tenderloins, slowly cooked over our wood-burning grill. Serve with our Spicy Peanut Sauce or Barbeque Citrus Sauce.*
(minimum order: 5 pounds)

## Grilled Marinated Gulf Shrimp

Jumbo gulf shrimp marinated with honey dijon and grilled slowly over our wood-burning grill. Serve with our Horseradish Mango Chutney.*

## Steamed Gulf Shrimp

Jumbo gulf shrimp steamed with traditional lager and Old Bay Seasoning. Serve with our Traditional Cocktail Sauce.*

## Grilled Marinated Beef Satay

Sirloin of beef marinated, skewered and slowly cooked over our wood-burning grill. Serve with our Oriental Dipping Sauce or Sweet Chili Sauce.*
(minimum order: 24 skewers)

## Grilled Marinated Chicken Satay

Using our special citrus recipe, we marinate chicken tenderloins, then skewer and slowly cook them over our wood-burning grill. Serve with our Spicy Peanut Sauce or Barbeque Citrus Sauce.*
(minimum order: 24 skewers)

## Southwest Black Bean Springrolls

Filled with black beans, corn, Monterey Jack cheese, jalapeños and cilantro. Serve with our Sweet Chili Sauce.*
(minimum order: 24 pieces)

## Mini Lump Crab Cakes

Jumbo lump Maryland crab meat with special seasoning. Serve with our Remoulade Sauce.* (minimum order: 24 pieces)

[^0]
## Warm Brie On Toast Points

Petite toast points served with slices of doublecream brie and a pear glaze, topped with a sliver of almond.
(minimum order: 24 pieces)

## Deviled or Bacon Jalapeño Eggs

A classic favorite, just like Mom used to make. (minimum order: 24 pieces)

## Cheeseburger Sliders

An American classic made bite-sized. Tender, juicy all-beef patty topped with a slice of American cheese, a crunchy pickle and ROCKLANDS' special burger sauce. (minimum order: 24 pieces)

## Avocado Toast

Slices of fresh avocado on sliced baguette, drizzled with olive oil and kosher salt.** (minimum order: 24 pieces)

## Cucumber and Hummus Bite

Cool, crisp cucumber slices topped with smooth and creamy hummus.

## Double Pork Cornbread Crisp

Crispy cornbread topped with jalapeño applesauce, chopped pork, bacon and malt salt.*

## Bacon-Wrapped Scallop Skewers

Tender scallops wrapped in a crisp slice of applewood bacon, pierced with a skewer for easy handling and grilled to perfection. (minimum order: 24 pieces)

## Brown Sugar Bacon Skewer

Crispy bacon coated with a sweet and spicy brown sugar mixture, threaded onto skewers.

## Mini Pearl

Macaroni and cheese, barbequed baked beans, chopped pork and barbeque sauce layered in small glasses.**

## Grilled Vegetable Tartlettes

ROCKLANDS' famous grilled vegetables mixed with balsamic vinegar in a miniature phyllo pastry shell topped with a sprinkle of Parmesan cheese.
(minimum order: 24 pieces)

## Baked Mushroom Caps with Spicy Sausage or Boursin Cheese Stuffing <br> (minimum order: 24 pieces)

## Lamb Lollipops

Rack of lamb grilled and served as individual bite-sized pieces. Serve with Currant Sauce.* (48-hours notice required)

## Pigs In Blankets

All-beef franks wrapped in puff pastry. Served with our Homemade Whiskey Mustard. (minimum order: 24 pieces)

## Smoked Salmon Rolls

Norwegian smoked salmon filled with herbed cream cheese, capers and rolled into bite-sized morsels.
(minimum order: 24 pieces)

## Soup Shooters:

Tomato with Mini Grilled Cheese
Other flavors available seasonally.**

## Mushroom Confit in Phyllo Shell

Wild mushrooms sauteed with onions, topped with goat cheese in a miniature phyllo shell. (minimum order: 24 pieces)
(48-hours notice required)

## Smoked Salmon on Pumpernickel

Bite-size pieces of fresh Atlantic salmon, smoked in our smoker, served with a dollop of Red Pepper Cream on pumpernickel. (minimum order: 24 pieces)

[^1]
## Prosciutto with Pears and Arugula

Ripe pears with arugula wrapped in prosciutto. (minimum order: 24 pieces)

## Portobello Mushroom Bruschetta

Grilled portobello mushrooms with garlic and balsamic tomato relish on bruschetta.** (minimum order: 24 pieces)

## Bruschetta with Grilled Sweet Peppers and Creamy Gorgonzola

Red, yellow and orange peppers grilled until soft, with basil and melted gorgonzola.** (minimum 24 pieces)

## BLT

A southern favorite shrunken to appetizer size! Baguette bread spread thinly with our chipotle mayonnaise and topped with thick-cut bacon, vine-ripe tomato slices and crispy lettuce. (minimum order: 24 pieces)

## Lamb Meatball with Tzatziki

Bite-size ground lamb meatball served with Tzatziki dipping sauce on the side.
(minimum order: 24 pieces)

## One Bite Beef Tenderloin Kabob

Marinated beef tenderloin sliced into juicy bite sized morsels and served on a looped bamboo skewer.
(minimum order: 24 pieces)

## Mini-Pretzel Dog with Whiskey Mustard

Love Pigs In Blankets? Try our pretzel wrapped all-beef pigs served with our Homemade Whiskey Mustard. (minimum order 24 pieces)

## Stationary Appetivers

## Crab and Artichoke Dip

Maryland jumbo lump crabmeat, artichoke hearts, cream cheese, Parmesan cheese, and mayonnaise. Served warm with crackers and sliced baguettes.
(serves 15)

## Spinach and Artichoke Dip

Creamy mixture of spinach, artichoke hearts, cream cheese, Parmesan cheese and mayonnaise. Served warm with crackers and sliced baguettes.
(serves 15)

## Hiti Piti

Mediterranean dip made with roasted red peppers, feta cheese and garlic. Served with fresh pita chips.
(serves 15)

## Hummus

Smooth and creamy hummus topped with pine nuts and olive oil. Served with fresh pita chips.
(serves 15)

## French Onion Dip

An American classic. Served with ruffled potato chips.
(serves 10-15)

## Tortilla Chips with Fire Roasted Tomato Salsa

Diced and crushed red tomatoes with onions, cilantro and hot peppers. Served with corn tortilla chips.
(serves 10-15)

## Homemade Guacamole with Jalapeño Peppers and Tomatoes

A delicious blend of avocados, tomatoes, red onion, jalapeño peppers and cilantro. Served with corn tortilla chips.
(serves 10-15)

## Dill Pickle Dip

A crunchy, dilly combination. Served with pretzels.
(serves 10-15)

## Southwestern Black Bean Dip

A combination of black beans, red onions, carrots, corn, red and green peppers and cilantro blended together in a tangy orange dressing accented with hot peppers. Served with pita chips.
(serves 10-15)

## Grilled Lamb, Chicken or Beef Kabobs

Seasoned selection of meat skewered with vegetables and slowly cooked over our wood-burning grill.
(minimum order: 24 skewers)

## Miniature Barbequed Sandwiches

Choose from Barbequed Chopped Pork, Pulled Barbequed Chicken, Beef Tenderloin, Smoked Turkey, Barbequed Brisket of Beef, Grilled Vegetable or Grilled Portobello Mushroom.
(minimum order: 24 sandwiches)

## Sausage and Cheddar Platter

Hot Italian sausage slices served with Whiskey Mustard, Honey Mustard and cheddar cheese. (serves 25-30)

## Marinated Grilled Wings

with Ranch and Bleu Cheese
(one serving is one pound-approximately 10 wings)

## Sweet \& Spicy Meatballs

All-beef meatballs baked and glazed in a tangy sauce.
(minimum order: 24 pieces)

## Cheese and Fruit

A seasonal selection of honeydew, cantaloupe, oranges, kiwi, strawberries, pineapple and grapes with four types of cheese.
Served with crackers.
(Small serves 30-40 people
Large serves 60-80 people)

## Crudité

A seasonal selection of Belgian endive, baby carrots, celery, grape tomatoes, red \& green bell peppers, artichoke hearts and black olives. Served with ranch dip.
(Small serves 40-50 people
Large serves 80-100 people)

## Baked Brie with Mango Chutney

Whole brie wheel topped with Mango Chutney and sliced almonds and baked until soft.
Served with crackers.
(serves 10)


## Leave the worrying to us

ROCKLANDS offers full-service catering-everything from planning your party, renting tables and tents, to serving food to your guests. Our service team includes trained kitchen staff, on-site grillers, servers and bartenders to mix that special drink.

Call us today at (703) 778-8000 to get your party started!



## Real Barbecue

## Barbequed Spare Ribs (Pork)

Meaty ribs seasoned and smoked in our wood-burning pit.

## Baby-Back Ribs (Pork)

Baby-backs are smaller, more tender, leaner and seasoned differently than our regular ribs.

## Barbequed Beef Ribs

Meaty beef ribs smoked in our wood-burning pit until tender.

## Barbequed Pork

Whole pork shoulders smoked slowly in our wood-burning pit. Choose either sliced or chopped.

## Barbequed Brisket of Beef

Slowly smoked in our wood-burning pit, sliced and finished on the grill.

## Barbequed Chicken

Succulent chicken pieces smoked in our wood-burning pit.

## Grilled Marinated Chicken Breasts

Marinated and then cooked over our wood-burning grill.
(3 oz. filet or 6 oz . filet)

## Pulled Barbequed Chicken

Succulent chicken is smoked in our woodburning pit, then the tender meat is pulled off the bone.

## Grilled Leg of Lamb

Fresh lamb is taken off the bone, seasoned with fresh rosemary and garlic, then grilled until medium rare.

## Top Sirloin of Beef

Lean sirloin is grilled over our wood fire until medium.

## Hot Italian Sausage

Grilled over our wood fire and served with grilled onions and peppers. Other varieties of sausage available.

## Hamburgers

4 oz . Angus beef patty served with lettuce, tomato, American cheese, mustard, mayonnaise, ketchup, sliced onion, pickle and roll.

## Turkey Burgers

A 5.3 oz. burger includes lettuce, tomato, American cheese, mustard, mayonnaise, ketchup, sliced onion, pickle and roll

## Hot Dogs

All-beef hot dog includes mustard, ketchup, diced onion, relish and roll.
Premium toppings available-chili and cheese.

## Grilled Fish

All of our fish arrives fresh, never frozen, and is subject to market availability. Possibilities include catfish, tuna, tilapia, salmon, swordfish, rockfish or mahi-mahi.
Blackened upon request; other varieties of fish are available upon request.


## Speciality Items

Please allow at least three days notice when placing your specialty item order.

## Whole Smoked Pigs

ROCKLANDS is famous for its wonderful whole pigs that are guaranteed to make any event a success. Your pig is displayed whole (head to tail!) on a decorated board. Carving available upon request.
(Allow approximately one pound per person.) Must allow one week notice for ordering.

## Whole Barbequed Pork Shoulder Butts

Whole Boston Butts are smoked and delivered hot and ready to chop or pull.

## Grilled Whole Tenderloin of Beef

Whole tenderloin in a port wine marinade, slowly grilled over a wood fire. Serve with our Horseradish Cream.* Carving available upon request. (minimum order: 6 pounds)

## Grilled Whole Tenderloin of Pork

Lightly marinated and grilled over a wood fire. Serve with our Horseradish Apple Cream.* Carving available upon request. (average weight: 1-2 pounds)
*Serving suggestion. Sauces sold separately.


## ROCKLANDS Original Home-Style Chili

Served with grated cheese, chopped onion, sour cream, jalapeño slices and homemade cornbread. (All toppings served separately.)

## Jumbo Lump Crab Cakes (2 per order)

Jumbo lump Maryland crab meat with special seasoning. Serve with our Remoulade Sauce.*

## Honey Ginger Baby Back Ribs

Marinated in brown sugar, ginger and soy. Grilled to perfection and brushed with a honey soy sauce glaze.

## Brautwurst with Sauerkraut

Authentic Brautwurst grilled and served with warm sauerkraut on a Martin's potato bun.

## Rack of Lamb

Marinated rack of lamb, grilled to perfect temperature.

## Honey Garlic Glazed Salmon

Wood grilled salmon brushed with a sweet and tangy glaze of brown sugar, honey, and ginger.


## Set Menus

The following are suggested menus for traditional barbeque meals. We can do a lot more, so make sure you take a look at the whole ROCKLANDS catering menu. For the full selection of side dishes, please refer to page 12.

Menus are per person.
Priced between \$13.99-\$24.99.

## Ranch Lunch

Barbequed Pork and/or Pulled Chicken
Choice of two Side Dishes
Traditional Potato Roll
Cookie
Barbequed Brisket of Beef instead of Chopped
Pork or Pulled Chicken costs slightly more.

## The Bunkhouse Special

Barbequed Chicken
Baby-Back Ribs
Choice of two Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread

## Home On The Range

Barbequed Chicken
Baby-Back Ribs
Barbequed Pork-Chopped or Sliced Choice of two Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread Barbequed Brisket of Beef instead of Chopped Pork costs slightly more.


## Barbeque Feast

Angus Beef Hamburgers, All-Beef Hot Dogs
Barbequed Chicken Pieces
Choice of three Side Dishes
Choice of Cookie or Watermelon Slice
(Seasonal)

## Camp-Ground Supper

Marinated Grilled Chicken Breast Filet
Grilled Medallion of Fish-Salmon or Catfish (blackened upon request)
Red Pepper Cream and
Cucumber Dill Yogurt Dressing
Choice of three Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread

## Chuck Wagon Sampler

Baby-Back Ribs
Barbequed Chicken
Top Sirloin of Beef
Horseradish Cream
Choice of three Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread

## The Big Round Up

Grilled Marinated Gulf Shrimp
Horseradish Mango Chutney
Smoked Top Sirloin of Beef
Horseradish Cream
Grilled Fresh Norwegian Salmon
Cucumber Dill Yogurt
Caesar Salad with Croutons
Choice of two Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread

## All menus are served with ROCKLANDS Original Barbeque Sauce.

## Side Dishes

All side dishes with the exception of those marked with an * are vegetarian. Our side dishes are freshly prepared for your event. Due to seasonal availability, some items may not be available.

## Cold Sides

Homemade Coleslaw
Traditional Potato Salad
Minted Cucumber Salad
Fresh Fruit Salad (Seasonal)
Southwestern Black Bean Salad
Grape Tomatoes with Fresh Mozzarella and Basil
Wild Rice with Grapes and Walnuts*
Pasta Salad with Sun Dried Tomatoes and Artichoke Hearts
Mason-Dixon Macaroni Salad
Sliced Beefsteak Tomatoes and Onions with Balsamic Vinaigrette (Seasonal)
Chipotle Chickpea Salad
Broccoli and Bacon Salad*
Route 11 Potato Chips

## Hot Sides

Macaroni and Cheese
Barbequed Baked Beans*
Texas Corn Pudding
Old Fashioned Mashed Potatoes*
(Turkey Gravy available upon request)
Grilled Sliced Seasonal Vegetables
Red Beans and Rice*
Corn on the Cob (Seasonal)
Grilled Portobello Mushrooms with Boursin Cheese
Wild Rice with Walnuts and Parsley*
Southern Style Green Beans*
Collard Greens*
Mexican Rice
Grilled Seasonal Vegetable Skewers
Steamed Fresh Asparagus, serve with Citrus Cream
Penne Pasta with Fresh Tomatoes and Basil in a Garlic Infused Oil
Sautéed White Rice with Onions*
Million Dollar Mac and Cheese
Loaded Baked Potato*
Sautéed Brussels Sprouts with Bacon* (Seasonal)

## Leafy Salads

Mesclun Salad with Carrots, Grape Tomatoes, Mushrooms, Red Onion, Red Pepper (with Balsamic Vinaigrette and Ranch Dressing) Spinach Salad with Walnuts, Mushrooms and Goat Cheese with Raspberry Vinaigrette
Caesar Salad with Grilled Chicken Breast* or Croutons and Shaved Parmesan

Arugula Salad with Shaved Parmesan and Lemon Vinaigrette
Spinach Salad with Strawberries and Almonds with Poppyseed Dressing


## Vegetarian \& Vegan Sintrées



## Grilled Portobello Mushroom as a Sandwich or an Entrée

Portobello mushrooms marinated and grilled over a wood fire, topped with Boursin cheese and roasted red peppers.

## Fresh Tomato and Basil Pasta

An entrée portion of penne pasta with fresh tomatoes and basil tossed with a garlic infused oil and topped with Parmesan cheese.

## Grilled Sliced Seasonal Vegetables

An entrée portion of zucchini, squash, carrots, red \& green bell peppers, mushrooms, grape tomatoes, celery and red onion, grilled to perfection. (Also available as skewers)

## Veggie Burgers

Served with lettuce, tomatoes, American cheese, mustard, mayo, ketchup, sliced onions, pickles and roll.

## ROCKLANDS

can help you design the perfect menu to fit your budget and your tastes. Ask us about options for your dietary needs.

## Vegetarian/Vegan Entrée Salad

Spring green mix with red onions, tomatoes, cucumbers, red peppers, mushrooms and carrots. Served with Balsamic or Raspberry Vinaigrette.

## Vegan Chili

Served with grated cheddar cheese, chopped onion, sour cream, jalapeño slices and homemade cornbread. (All toppings served separately; adding toppings makes chili vegetarian.)

## Vegan Burger

Plant-based burger served with lettuce, tomatoes, mustard, ketchup, sliced onions, pickles and vegan rolls.

## Vegan Sausage

Plant-based sausage grilled over our wood fire and served with grilled onions, peppers and vegan roll.

## Portobello Mushrooms with Tomato Basil Relish

Grilled portobello mushroom topped with relish.

## Marinated Tofu with

Vegetable Kabob
Grilled tofu with vegetables marinated in a tangy sauce.

## Beverages

Homemade Fresh Lemonade
Sweetened Minted Iced Tea
Unsweetened Minted Iced Tea
Homemade Raspberry Tea
Assorted Sodas
Spring Water

- Wine available by the bottle or case
- Bottled beer available in six packs or by the case
- Assorted alcohol packages available at per-person rates for full-service events
- We can provide alcohol for any full-service party in DC, VA or MD. We can deliver alcohol only in the state of VA.


## Let us bring the grill to you!

## Sauces

ROCKLANDS Original Barbeque Sauce is served on the side with all of our entrées. Also ask to try our $\boldsymbol{N E W}$ barbeque sauces: Spicy Mustard Barbeque Sauce, Sweet and Smoky Barbeque Sauce and Citrus Barbeque Sauce.

Pick your favorite hot sauce from our famous "Wall of Fire."

The following sauces are made to order:
Homemade Gravy
Oriental Dipping Sauce
Cucumber Dill Yogurt
Spicy Peanut Sauce
Roasted Red Pepper Cream
Cranberry Orange Relish
Citrus Cream
Traditional Cocktail Sauce
Fresh Mint Sauce
Horseradish Cream
Horseradish Apple Cream
Spicy Brown Mustard Sauce
Sweet Chili and Garlic Sauce
Whiskey Mustard Sauce
Horseradish Mango Chutney

## Desserts

## Sweets

Miniature Assorted Brownies and Cookies (by the piece)
Assorted Dessert Bar and Brownie Platter
(2 pieces per person)
Assorted Cookie, Brownie, and
Dessert Bar Platter
(2 pieces per person)
Assorted Cookie Platter
(2 pieces per person)
Assorted Cupcakes
Assorted Miniature Cupcakes (by the dozen)
Rice Crispy Treats (24 count)
Fresh Sliced Watermelon (seasonal)
Fresh Strawberries with fresh whipped cream Banana Pudding (serves 20-25)
Cakes available upon request
(2 days notice required)

## Ice Cream

Scoops Ice Cream \& Sundae Bar*
Scoops Old-Fashion Ice Cream Cart with Novelty Bars*
Gelato Bar*
*Available only for full-service events.


## Fresh Pies

Apple, Blueberry, Cherry, Peach, Pecan, Pumpkin or Sweet Potato (seasonal) (please allow 2 days notice on pies, serves 6-8)

## Seasonal Fruit Cobbler

Peach or Apple
Featuring our homemade lightly sugared biscuit topping
(serves 10-12)

## Freshly Baked Breads

Miniature Honey Jalapeño Corn Muffins (by the dozen)

Assorted Gourmet Breads and Rolls are available upon request (minimum order 24 pieces)

## Testimonials

 chili to the various sides \& desserts. It was very easy to plan the menu and services with Beatriz in the catering department. She was always very responsive and efficient-overall very professional! In fact, everyone we dealt with at Rocklands was helpful and professional. They were a pleasure to work with!

The appetizers were a hit, they even prepared special plates for our vegetarian and vegan guests! Even during the planning stage, Carmen and her team were extremely responsive with any and all questions I had...sometimes, I received email responses only minutes after sending an inquiry. They expected the unexpected and even when the unexpected happened, Rocklands came to the rescue without hesitation!

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ce was excellent: You worked with me ne event, accepted my many changes course of several weeks and found me to save without compromising aith and Samantha staffed the event very professional, flexible and friendly vith; even the weather cooperated!

Rocklands did an amazing job catering our Independence Day weekend wedding.
Super professional and the food was delicious! Our guests were over the moon!


Rocklands managed to help us with a 400 person party in a pinch. They were prompt, polite, helpful, professional, and a godsend. They set up, and cleared out in a short amount of time in a difficult setting, doing so well and in good spirits. The food was excellent, the service during the event superb, and customer service was a dream.

## Holidays with BOCRGANDS



## Whole Smoked Fresh Turkey

Served with turkey gravy. Try adding some of our delicious cranberry orange relish.* Carving available upon request.
(Small serves 6-8 people, medium serves 10-12, large serves 14-16)

## Smoked Turkey Breast

Served with turkey gravy. Try adding some of our delicious cranberry orange relish.*
Carving available upon request.
(Allow three-quarters of a pound per person)

## Perfect Starters and Sides:

Baked Brie with Cranberry Relish Cornbread Stuffing With Sage Ginger Candied Baby Carrots Mashed Potatoes with Bacon and Chives Mashed Sweet Potatoes
Cranberry Orange Relish
Miniature Pumpkin Cornbread Muffins

## *Serving suggestion. Sauces sold separately.

Notes, Ideas and Questions
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## Locations

Visit our retail locations:
Washington, DC 2418 Wisconsin Ave., NW Washington, DC 20007 (202) 333-2558

Arlington, VA 3471 Washington Blvd. Arlington, VA 22201 (703) 528-9663 Alexandria, VA
25 S. Quaker Lane Alexandria, VA 22314 (703) 778-9663

Capital One Arena Section 103/104
Eagle Bank Arena


Section 103/104

## Your Hometown Barbeque serving good, clean food, sourced from local farms since 1990!

## Don't need full-service?

Have ROCKLANDS deliver to your next corporate or private event!



[^0]:    *Serving suggestion. Sauces sold separately. **Available for full-service events only

[^1]:    *Serving suggestion. Sauces sold separately.
    **Available for full-service events only

