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# CATERING



Lunches • Parties • Picnics • Weddings Reunions • Pig Roasts • Meetings • Corporate Events

Your Full-Service Catering Company 703-778-8000 or catering@rocklands.com

JANUARY 2020



# ROCKLANDS

Barbeque and Grilling Company







# **Great barbeque** and so much more!













# **Passed Appetizers**

### Grilled Marinated Chicken Tenderloins

Citrus marinated chicken tenderloins, slowly cooked over our wood-burning grill. Serve with our Spicy Peanut Sauce or Barbeque Citrus Sauce.\*

(minimum order: 5 pounds)

#### **Grilled Marinated Gulf Shrimp**

Jumbo gulf shrimp marinated with honey dijon and grilled slowly over our wood-burning grill. Serve with our Horseradish Mango Chutney.\*

### **Steamed Gulf Shrimp**

Jumbo gulf shrimp steamed with traditional lager and Old Bay Seasoning. Serve with our Traditional Cocktail Sauce.\*

#### **Grilled Marinated Beef Satay**

Sirloin of beef marinated, skewered and slowly cooked over our wood-burning grill. Serve with our Oriental Dipping Sauce or Sweet Chili Sauce.\*

(minimum order: 24 skewers)

#### **Grilled Marinated Chicken Satay**

Using our special citrus recipe, we marinate chicken tenderloins, then skewer and slowly cook them over our wood-burning grill.

Serve with our Spicy Peanut Sauce or Barbeque Citrus Sauce.\*

(minimum order: 24 skewers)

### **Southwest Black Bean Springrolls**

Filled with black beans, corn, Monterey Jack cheese, jalape $\tilde{n}$ os and cilantro. Serve with our Sweet Chili Sauce.\*

(minimum order: 24 pieces)

### Mini Lump Crab Cakes

Jumbo lump Maryland crab meat with special seasoning. Serve with our Remoulade Sauce.\* (minimum order: 24 pieces)

\*Serving suggestion. Sauces sold separately. \*\*Available for full-service events only

#### **Warm Brie On Toast Points**

Petite toast points served with slices of doublecream brie and a pear glaze, topped with a sliver of almond.

(minimum order: 24 pieces)

#### **Deviled or Bacon Jalapeño Eggs**

A classic favorite, just like Mom used to make. (minimum order: 24 pieces)

#### **Cheeseburger Sliders**

An American classic made bite-sized. Tender, juicy all-beef patty topped with a slice of American cheese, a crunchy pickle and ROCKLANDS' special burger sauce. (minimum order: 24 pieces)

#### **Avocado Toast**

Slices of fresh avocado on sliced baguette, drizzled with olive oil and kosher salt.\*\* (minimum order: 24 pieces)

#### **Cucumber and Hummus Bite**

Cool, crisp cucumber slices topped with smooth and creamy hummus.

# **Double Pork Cornbread Crisp**

Crispy cornbread topped with jalapeño applesauce, chopped pork, bacon and malt salt.\*

## **Bacon-Wrapped Scallop Skewers**

Tender scallops wrapped in a crisp slice of applewood bacon, pierced with a skewer for easy handling and grilled to perfection. (minimum order: 24 pieces)

### **Brown Sugar Bacon Skewer**

Crispy bacon coated with a sweet and spicy brown sugar mixture, threaded onto skewers.

#### Mini Pearl

Macaroni and cheese, barbequed baked beans, chopped pork and barbeque sauce layered in small glasses.\*\*





ROCKLANDS' famous grilled vegetables mixed with balsamic vinegar in a miniature phyllo pastry shell topped with a sprinkle of Parmesan cheese.

(minimum order: 24 pieces)

### Baked Mushroom Caps with Spicy Sausage or Boursin Cheese Stuffing

(minimum order: 24 pieces)

#### **Lamb Lollipops**

Rack of lamb grilled and served as individual bite-sized pieces. Serve with Currant Sauce.\* (48-hours notice required)

#### **Pigs In Blankets**

All-beef franks wrapped in puff pastry. Served with our Homemade Whiskey Mustard. (minimum order: 24 pieces)

#### **Smoked Salmon Rolls**

Norwegian smoked salmon filled with herbed cream cheese, capers and rolled into bite-sized morsels. (minimum order: 24 pieces)

#### Soup Shooters: Tomato with Mini Grilled Cheese

Other flavors available seasonally.\*\*

#### **Mushroom Confit in Phyllo Shell**

Wild mushrooms sauteed with onions, topped with goat cheese in a miniature phyllo shell. (minimum order: 24 pieces) (48-hours notice required)

### **Smoked Salmon on Pumpernickel**

Bite-size pieces of fresh Atlantic salmon, smoked in our smoker, served with a dollop of Red Pepper Cream on pumpernickel. (minimum order: 24 pieces)

\*Serving suggestion. Sauces sold separately. \*\*Available for full-service events only



# Prosciutto with Pears and Arugula

Ripe pears with arugula wrapped in prosciutto. (minimum order: 24 pieces)

#### Portobello Mushroom Bruschetta

Grilled portobello mushrooms with garlic and balsamic tomato relish on bruschetta.\*\*
(minimum order: 24 pieces)

# **Bruschetta with Grilled Sweet Peppers and Creamy Gorgonzola**

Red, yellow and orange peppers grilled until soft, with basil and melted gorgonzola.\*\*
(minimum 24 pieces)

#### BLT

A southern favorite shrunken to appetizer size! Baguette bread spread thinly with our chipotle mayonnaise and topped with thick-cut bacon, vine-ripe tomato slices and crispy lettuce. (minimum order: 24 pieces)

#### Lamb Meatball with Tzatziki

Bite-size ground lamb meatball served with Tzatziki dipping sauce on the side. (minimum order: 24 pieces)

#### **One Bite Beef Tenderloin Kabob**

Marinated beef tenderloin sliced into juicy bite sized morsels and served on a looped bamboo skewer.

(minimum order: 24 pieces)

# Mini-Pretzel Dog with Whiskey Mustard

Love Pigs In Blankets? Try our pretzel wrapped all-beef pigs served with our Homemade Whiskey Mustard. (minimum order 24 pieces)

# Stationary Appetizers

#### **Crab and Artichoke Dip**

Maryland jumbo lump crabmeat, artichoke hearts, cream cheese, Parmesan cheese, and mayonnaise. Served warm with crackers and sliced baguettes.

(serves 15)

#### Spinach and Artichoke Dip

Creamy mixture of spinach, artichoke hearts, cream cheese, Parmesan cheese and mayonnaise. Served warm with crackers and sliced baguettes.

(serves 15)

#### Hiti Piti

Mediterranean dip made with roasted red peppers, feta cheese and garlic. Served with fresh pita chips.

(serves 15)

#### **Hummus**

Smooth and creamy hummus topped with pine nuts and olive oil. Served with fresh pita chips.

(serves 15)

#### **French Onion Dip**

An American classic. Served with ruffled potato chips.

(serves 10-15)

# Tortilla Chips with Fire Roasted Tomato Salsa

Diced and crushed red tomatoes with onions, cilantro and hot peppers. Served with corn tortilla chips.

(serves 10-15)

### Homemade Guacamole with Jalapeño Peppers and Tomatoes

A delicious blend of avocados, tomatoes, red onion, jalapeño peppers and cilantro. Served with corn tortilla chips.

(serves 10-15)

#### Dill Pickle Dip

A crunchy, dilly combination. Served with pretzels.

(serves 10-15)

### **Southwestern Black Bean Dip**

A combination of black beans, red onions, carrots, corn, red and green peppers and cilantro blended together in a tangy orange dressing accented with hot peppers. Served with pita chips.

(serves 10-15)

### Grilled Lamb, Chicken or Beef Kabobs

Seasoned selection of meat skewered with vegetables and slowly cooked over our wood-burning grill.

(minimum order: 24 skewers)

## **Miniature Barbequed Sandwiches**

Choose from Barbequed Chopped Pork, Pulled Barbequed Chicken, Beef Tenderloin, Smoked Turkey, Barbequed Brisket of Beef, Grilled Vegetable or Grilled Portobello Mushroom.

(minimum order: 24 sandwiches)



#### Sausage and Cheddar Platter

Hot Italian sausage slices served with Whiskey Mustard, Honey Mustard and cheddar cheese. (serves 25-30)

#### **Marinated Grilled Wings**

with Ranch and Bleu Cheese (one serving is one pound—approximately 10 wings)

#### **Sweet & Spicy Meatballs**

All-beef meatballs baked and glazed in a tangy sauce.

(minimum order: 24 pieces)

#### **Cheese and Fruit**

A seasonal selection of honeydew, cantaloupe, oranges, kiwi, strawberries, pineapple and grapes with four types of cheese.

Served with crackers.

(Small serves 30-40 people

Large serves 60-80 people)

#### Crudité

A seasonal selection of Belgian endive, baby carrots, celery, grape tomatoes, red & green bell peppers, artichoke hearts and black olives. Served with ranch dip.

(Small serves 40–50 people
Large serves 80–100 people)

#### **Baked Brie with Mango Chutney**

Whole brie wheel topped with Mango Chutney and sliced almonds and baked until soft. Served with crackers.

(serves 10)



# Leave the worrying to us

ROCKLANDS offers full-service catering—everything from planning your party, renting tables and tents, to serving food to your guests.

Our service team includes trained kitchen staff, on-site grillers, servers and bartenders to mix that special drink.

Call us today at (703) 778-8000 to get your party started!

# Real Barbeque

#### **Barbequed Spare Ribs (Pork)**

Meaty ribs seasoned and smoked in our wood-burning pit.

#### **Baby-Back Ribs (Pork)**

Baby-backs are smaller, more tender, leaner and seasoned differently than our regular ribs.

#### **Barbequed Beef Ribs**

Meaty beef ribs smoked in our wood-burning pit until tender.

#### **Barbequed Pork**

Whole pork shoulders smoked slowly in our wood-burning pit. Choose either sliced or chopped.

#### **Barbequed Brisket of Beef**

Slowly smoked in our wood-burning pit, sliced and finished on the grill.

### **Barbequed Chicken**

Succulent chicken pieces smoked in our wood-burning pit.

### **Grilled Marinated** Chicken Breasts

Marinated and then cooked over our wood-burning grill. (3 oz. filet or 6 oz. filet)

#### **Pulled Barbequed Chicken**

Succulent chicken is smoked in our woodburning pit, then the tender meat is pulled off the bone.

### **Grilled Leg of Lamb**

Fresh lamb is taken off the bone, seasoned with fresh rosemary and garlic, then grilled until medium rare.

## **Top Sirloin of Beef**

Lean sirloin is grilled over our wood fire until medium.

#### **Hot Italian Sausage**

Grilled over our wood fire and served with grilled onions and peppers. Other varieties of sausage available.

#### **Hamburgers**

4 oz. Angus beef patty served with lettuce, tomato, American cheese, mustard, mayonnaise, ketchup, sliced onion, pickle and roll.

#### **Turkey Burgers**

A 5.3 oz. burger includes lettuce, tomato, American cheese, mustard, mayonnaise, ketchup, sliced onion, pickle and roll

#### **Hot Dogs**

All-beef hot dog includes mustard, ketchup, diced onion, relish and roll. Premium toppings available—chili and cheese.

#### Grilled Fish

All of our fish arrives fresh, never frozen, and is subject to market availability. Possibilities include catfish, tuna, tilapia, salmon, swordfish, rockfish or mahi-mahi. Blackened upon request; other varieties of fish are available upon request.



Make sure to order potato rolls with your meats!

# **Specialty Items**

Please allow at least three days notice when placing your specialty item order.

#### Whole Smoked Pigs

ROCKLANDS is famous for its wonderful whole pigs that are guaranteed to make any event a success. Your pig is displayed whole (head to tail!) on a decorated board. Carving available upon request. (Allow approximately one pound per person.) *Must allow one week notice for ordering.* 



# ROCKLANDS Original Home-Style Chili

Served with grated cheese, chopped onion, sour cream, jalapeño slices and homemade cornbread.

(All toppings served separately.)

# Whole Barbequed Pork Shoulder Butts

Whole Boston Butts are smoked and delivered hot and ready to chop or pull.

#### **Grilled Whole Tenderloin of Beef**

Whole tenderloin in a port wine marinade, slowly grilled over a wood fire.

Serve with our Horseradish Cream.\*

Carving available upon request.

(minimum order: 6 pounds)

#### **Grilled Whole Tenderloin of Pork**

Lightly marinated and grilled over a wood fire. Serve with our Horseradish Apple Cream.\* Carving available upon request. (average weight: 1–2 pounds)

\*Serving suggestion. Sauces sold separately.

# Jumbo Lump Crab Cakes (2 per order)

Jumbo lump Maryland crab meat with special seasoning. Serve with our Remoulade Sauce.\*

#### **Honey Ginger Baby Back Ribs**

Marinated in brown sugar, ginger and soy. Grilled to perfection and brushed with a honey soy sauce glaze.

#### **Brautwurst with Sauerkraut**

Authentic Brautwurst grilled and served with warm sauerkraut on a Martin's potato bun.

#### **Rack of Lamb**

Marinated rack of lamb, grilled to perfect temperature.

#### **Honey Garlic Glazed Salmon**

Wood grilled salmon brushed with a sweet and tangy glaze of brown sugar, honey, and ginger.



# **Set Menus**

The following are suggested menus for traditional barbeque meals. We can do a lot more, so make sure you take a look at the whole ROCKLANDS catering menu. For the full selection of side dishes, please refer to page 12.

Menus are per person. Priced between \$13.99-\$24.99.

#### **Ranch Lunch**

Barbequed Pork and/or Pulled Chicken Choice of two Side Dishes Traditional Potato Roll Cookie Barbequed Brisket of Beef instead of Chopped Pork or Pulled Chicken costs slightly more.

#### The Bunkhouse Special

Barbequed Chicken Baby-Back Ribs Choice of two Side Dishes Traditional Potato Roll Honey Jalapeño Cornbread

#### **Home On The Range**

Barbequed Chicken
Baby-Back Ribs
Barbequed Pork—Chopped or Sliced
Choice of two Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread
Barbequed Brisket of Beef instead
of Chopped Pork costs slightly more.



#### **Barbeque Feast**

Angus Beef Hamburgers, All-Beef Hot Dogs Barbequed Chicken Pieces Choice of three Side Dishes Choice of Cookie or Watermelon Slice (Seasonal)

### **Camp-Ground Supper**

Marinated Grilled Chicken Breast Filet
Grilled Medallion of Fish—Salmon or Catfish
(blackened upon request)
Red Pepper Cream and
Cucumber Dill Yogurt Dressing
Choice of three Side Dishes
Traditional Potato Roll
Honey Jalapeño Cornbread

### **Chuck Wagon Sampler**

Baby-Back Ribs Barbequed Chicken Top Sirloin of Beef Horseradish Cream Choice of three Side Dishes Traditional Potato Roll Honey Jalapeño Cornbread

### The Big Round Up

Grilled Marinated Gulf Shrimp Horseradish Mango Chutney Smoked Top Sirloin of Beef Horseradish Cream Grilled Fresh Norwegian Salmon Cucumber Dill Yogurt Caesar Salad with Croutons Choice of two Side Dishes Traditional Potato Roll Honey Jalapeño Cornbread



# **Side Dishes**

All side dishes with the exception of those marked with an \* are vegetarian. Our side dishes are freshly prepared for your event. Due to seasonal availability, some items may not be available.

### **Cold Sides**

Homemade Coleslaw Traditional Potato Salad Minted Cucumber Salad Fresh Fruit Salad (Seasonal) Southwestern Black Bean Salad Grape Tomatoes with Fresh Mozzarella and Basil Wild Rice with Grapes and Walnuts\* Pasta Salad with Sun Dried Tomatoes and Artichoke Hearts Mason-Dixon Macaroni Salad Sliced Beefsteak Tomatoes and Onions with Balsamic Vinaigrette (Seasonal) Chipotle Chickpea Salad Broccoli and Bacon Salad\* Route 11 Potato Chips

**Hot Sides** Macaroni and Cheese Barbequed Baked Beans\* Texas Corn Pudding Old Fashioned Mashed Potatoes\* (Turkey Gravy available upon request) Grilled Sliced Seasonal Vegetables Red Beans and Rice\* Corn on the Cob (Seasonal) Grilled Portobello Mushrooms with Boursin Cheese Wild Rice with Walnuts and Parsley\* Southern Style Green Beans\* Collard Greens\* Mexican Rice Grilled Seasonal Vegetable Skewers Steamed Fresh Asparagus, serve with Citrus Cream Penne Pasta with Fresh Tomatoes and Basil in a Garlic Infused Oil Sautéed White Rice with Onions\* Million Dollar Mac and Cheese Loaded Baked Potato\* Sautéed Brussels Sprouts with Bacon\*

### **Leafy Salads**

Mesclun Salad with Carrots, Grape Tomatoes,
Mushrooms, Red Onion, Red Pepper (with
Balsamic Vinaigrette and Ranch Dressing)
Spinach Salad with Walnuts, Mushrooms and
Goat Cheese with Raspberry Vinaigrette
Caesar Salad with Grilled Chicken Breast\*
or Croutons and Shaved Parmesan
Arugula Salad with Shaved Parmesan
and Lemon Vinaigrette
Spinach Salad with Strawberries and
Almonds with Poppyseed Dressing



(Seasonal)

# Vegetarian & Vegan Entrées



# Grilled Portobello Mushroom as a Sandwich or an Entrée

Portobello mushrooms marinated and grilled over a wood fire, topped with Boursin cheese and roasted red peppers.

#### Fresh Tomato and Basil Pasta

An entrée portion of penne pasta with fresh tomatoes and basil tossed with a garlic infused oil and topped with Parmesan cheese.

### **Grilled Sliced Seasonal Vegetables**

An entrée portion of zucchini, squash, carrots, red & green bell peppers, mushrooms, grape tomatoes, celery and red onion, grilled to perfection. (Also available as skewers)

### **Veggie Burgers**

Served with lettuce, tomatoes, American cheese, mustard, mayo, ketchup, sliced onions, pickles and roll.

# ROCKLANDS

can help you design the perfect menu to fit your budget and your tastes. Ask us about options for your dietary needs.

#### Vegetarian/Vegan Entrée Salad

Spring green mix with red onions, tomatoes, cucumbers, red peppers, mushrooms and carrots. Served with Balsamic or Raspberry Vinaigrette.

#### **Vegan Chili**

Served with grated cheddar cheese, chopped onion, sour cream, jalapeño slices and homemade cornbread. (All toppings served separately; adding toppings makes chili vegetarian.)

#### **Vegan Burger**

Plant-based burger served with lettuce, tomatoes, mustard, ketchup, sliced onions, pickles and vegan rolls.

#### **Vegan Sausage**

Plant-based sausage grilled over our wood fire and served with grilled onions, peppers and vegan roll.

# Portobello Mushrooms with Tomato Basil Relish

Grilled portobello mushroom topped with relish.

# Marinated Tofu with Vegetable Kabob

Grilled tofu with vegetables marinated in a tangy sauce.



# Beverages

Homemade Fresh Lemonade Sweetened Minted Iced Tea Unsweetened Minted Iced Tea Homemade Raspberry Tea Assorted Sodas Spring Water

- · Wine available by the bottle or case
- Bottled beer available in six packs or by the case
- Assorted alcohol packages available at per-person rates for full-service events
- We can provide alcohol for any full-service party in DC, VA or MD. We can deliver alcohol only in the state of VA.

# Let us bring the grill to you!

# Sauces

ROCKLANDS Original Barbeque Sauce is served on the side with all of our entrées. Also ask to try our *NEW* barbeque sauces: Spicy Mustard Barbeque Sauce, Sweet and Smoky Barbeque Sauce and Citrus Barbeque Sauce.

Pick your favorite hot sauce from our famous "Wall of Fire."

The following sauces are made to order: Homemade Gravv Oriental Dipping Sauce Cucumber Dill Yogurt Spicy Peanut Sauce Roasted Red Pepper Cream Cranberry Orange Relish Citrus Cream Traditional Cocktail Sauce Fresh Mint Sauce Horseradish Cream Horseradish Apple Cream Spicy Brown Mustard Sauce Sweet Chili and Garlic Sauce Whiskey Mustard Sauce Horseradish Mango Chutney



# **Desserts**

#### **Sweets**

Miniature Assorted Brownies and Cookies (by the piece)
Assorted Dessert Bar and Brownie Platter (2 pieces per person)
Assorted Cookie, Brownie, and
Dessert Bar Platter
(2 pieces per person)
Assorted Cookie Platter
(2 pieces per person)
Assorted Cookie Platter
(2 pieces per person)
Assorted Cupcakes
Assorted Miniature Cupcakes (by the dozen)
Rice Crispy Treats (24 count)
Fresh Sliced Watermelon (seasonal)
Fresh Strawberries with fresh whipped cream

#### **Ice Cream**

Scoops Ice Cream & Sundae Bar\*
Scoops Old-Fashion Ice Cream Cart
with Novelty Bars\*
Gelato Bar\*
\*Available only for full-service events.

Banana Pudding (serves 20–25)

Cakes available upon request

(2 days notice required)



#### **Fresh Pies**

Apple, Blueberry, Cherry, Peach, Pecan, Pumpkin or Sweet Potato (seasonal) (please allow 2 days notice on pies, serves 6–8)

#### **Seasonal Fruit Cobbler**

Peach or Apple Featuring our homemade lightly sugared biscuit topping (serves 10–12)



# Freshly Baked Breads

Miniature Honey Jalapeño Corn Muffins (by the dozen)

Assorted Gourmet Breads and Rolls are available upon request (minimum order 24 pieces)

# **Testimonials**



The appetizers were a hit, they even prepared special plates for our vegetarian and vegan guests! Even during the planning stage, Carmen and her team were extremely responsive with any and all questions I had...sometimes, I received email responses only minutes after sending an inquiry. They expected the unexpected and even when the unexpected happened, Rocklands came to the rescue without hesitation!

She was always very responsive and efficient—overall very professional! In fact, everyone we dealt with at Rocklands was helpful and professional. They were a pleasure to work with!

There aren't enough superlatives to describe Rocklands Barbeque and Grilling Company! They created a perfect event for my daughter's wedding. From our first call to the final clean-up, the staff was reliable, professional, helpful, and punctual. Prices are fair and most importantly...the food was simply DELICIOUS!

ce was excellent: You worked with me ne event, accepted my many changes course of several weeks and found me to save without compromising faith and Samantha staffed the event very professional, flexible and friendly with; even the weather cooperated!

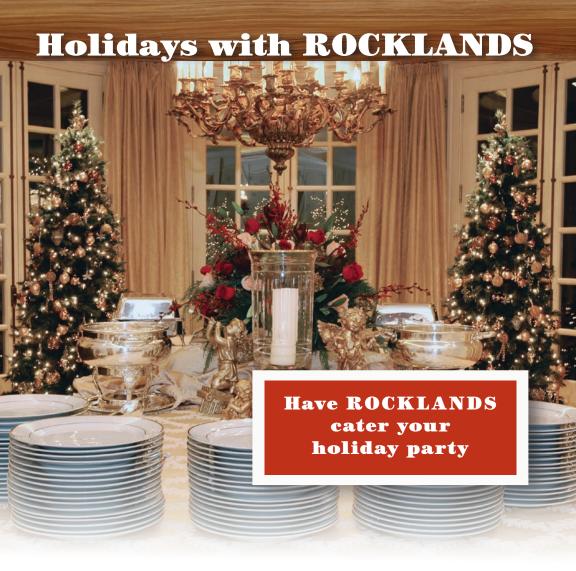


Rocklands did an amazing job catering our Independence Day weekend wedding. Super professional and the food was delicious! Our guests were over the moon!





Rocklands managed to help us with a 400 person party in a pinch. They were prompt, polite, helpful, professional, and a godsend. They set up, and cleared out in a short amount of time in a difficult setting, doing so well and in good spirits. The food was excellent, the service during the event superb, and customer service was a dream.



#### Whole Smoked Fresh Turkey

Served with turkey gravy. Try adding some of our delicious cranberry orange relish.\* Carving available upon request. (Small serves 6–8 people, medium serves 10–12, large serves 14–16)

### **Smoked Turkey Breast**

Served with turkey gravy. Try adding some of our delicious cranberry orange relish.\* Carving available upon request. (Allow three-quarters of a pound per person)

#### Perfect Starters and Sides:

Baked Brie with Cranberry Relish Cornbread Stuffing With Sage Ginger Candied Baby Carrots Mashed Potatoes with Bacon and Chives Mashed Sweet Potatoes Cranberry Orange Relish Miniature Pumpkin Cornbread Muffins

\*Serving suggestion. Sauces sold separately.

Notes, Ideas and Questions	
	Ready to go straight to our
	proposal request form?
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# Locations

Visit our retail locations:

## **Washington, DC**

2418 Wisconsin Ave., NW Washington, DC 20007 (202) 333-2558

### **Arlington, VA**

3471 Washington Blvd. Arlington, VA 22201 (703) 528-9663

#### Alexandria, VA

25 S. Quaker Lane Alexandria, VA 22314 (703) 778-9663

### **Capital One Arena**

Section 103/104

### **Eagle Bank Arena**

Section 103/104



Your Hometown Barbeque serving good, clean food, sourced from local farms since 1990!

# Don't need full-service?

Have ROCKLANDS deliver to your next corporate or private event!

