

## Salads & Sides

Barbequed Baked Beans †	Minted Cucumber Salad *†
Red Beans and Rice	Caesar Salad with Smoked Chicken†
Homemade Coleslaw *†	Southwestern Black Bean Salad *†
Traditional Potato Salad *†	Old-Fashioned Mashed Potatoes *†
Texas Corn Pudding *	Mason-Dixon Macaroni Salad*
Grandma Snedden's Collard Greens† ††	(ask about or seasonal salads)
Macaroni and Cheese * ††	

*Small . . . 2.79 Pint . . . 5.29 Quart . . . 9.99*

†† *Premium Sides*

*Small . . . 2.99 Pint . . . 5.99 Quart . . . 11.89*

\* *Vegetarian* † *Gluten-free*

Hand-cut Fries, "Killer" Onion Rings, Chicken Tenders and Fried Okra are on the menu, too!

**Ask us about kids' meals**

**NOW  
SERVING  
BEER &  
WINE  
AT ALL  
FOUR  
LOCATIONS**

## Beverages

Assorted Sodas  
Fresh Brewed Minted Iced Tea  
Fresh Brewed Sweet Tea  
Homemade Lemonade  
ROCKLANDS Belly Juice  
San Pellegrino Limonata or Aranciata

## Sweets & Stuff

Honey Jalapeño Cornbread . . . 99¢  
Route 11 Potato Chips . . . 1.49  
Chocolate Chip Cookie . . . 1.39  
Walnut Brownie . . . 1.39  
Slice of Pie (when available) . . . 3.49

**Menus vary by location.  
Please ask about our specials!**

*All prices subject to change.*

☼ We just want you to know: Consuming raw or undercooked meat, poultry, seafood, shellfish and eggs may increase the risk of food-borne illness.  
♦ Our grilled chicken breast filet contains a small amount of gluten.

## Ribs & Chicken, etc.

**Baby-back Ribs (pork)** -- *Whole . . . 22.99 Half . . . 11.89*

**Barbequed Spare Ribs (pork)**

*Whole . . . 27.99 Half . . . 14.99 Three Bones . . . 7.99*

**Barbequed Beef Ribs (Black Angus beef)**

*Whole . . . 34.99 Half . . . 17.99 One bone . . . 8.99*

**Barbequed Chicken** *Whole . . . 13.99 Half . . . 6.99 Quarter . . . 3.79*

**Three Meats Platter** - *Pulled Chicken, Brisket, Chopped Pork w/2 sides . . . 12.49*

**The Belly Buster** -- *Two Ribs, Sausage, Quarter Chicken, Brisket . . . 16.99*

**Chicken & Ribs** -- *Quarter Chicken & two Pork Ribs with two sides . . . 12.99*

**Mixed Rib Platter** -- *1 bone beef rib, 2 bones spare ribs with two sides . . . 19.99*

**Accompaniment Plate** -- *Any three of our side items with cornbread . . . 7.99*

**Rocklands Pearl** -- *Mac & Cheese, Barbequed Baked Beans, Chopped Pork &*

*Rocklands Barbeque Sauce, stacked for easy eating . . . 6.99*

**Hot 'n' Spicy Grilled Wings** -- *with dipping sauce . . . 8.99*

(Our barbeque sauce and our grilled and barbequed food are gluten-free)



## Sandwiches & Platters

Chopped or Sliced Pork . . . 5.99

Pit Beef . . . 6.99

Barbequed Beef Brisket . . . 8.99

Barbequed Pulled Chicken . . . 5.99

Bone-In Pork Rib Sandwich . . . 6.49

Grilled Italian Sausage & Onions . . . 5.49

☼ Grilled Hamburger - 4 oz . . . 3.99; 1/2 lb . . . 5.99

(add cheese . . . 50¢ --- add bacon . . . 50¢)

Grilled Vegetables Sandwich . . . 5.79

Grilled Lamb . . . 6.99

Grilled Chicken Breast Filet ♦ . . . 6.99

☼ Daily Fresh Fish . . . Market Price

**... Want a platter?  
Make any sandwich  
a platter: your  
choice of two salads  
or sides, just \$4.89  
more.**

Look for  
the pink  
smoke  
ring!

## By the Pound

*(One pound serves two to four people)*

Add \$1 for orders less than 1 pound

Chopped or Sliced Pork . . . 12.99

Barbequed Pulled Chicken . . . 12.99

Barbequed Beef Brisket . . . 19.99

Grilled Lamb . . . 22.99

Pit Beef . . . 15.59

Grilled Italian Sausage . . . 11.99

☼ Grilled Fish by the pound . . . *Market Price*

# We Are ROCKLANDS

**We smoke barbeque. Only here in the DC area.** We believe that local is better -- in business and in buying. **We buy from farmers around here when we can. We began in Glover Park in 1990.** We serve food in our place or yours. **We create jobs for our economy.** We have staff who have been with us a long time. **We aim to give our customers a true barbeque experience. We think traditional barbeque skills make better-tasting food than newfangled appliances.** We strive to make things right. **We strive never to get things wrong.** We go fishing as often as we can. **We serve fish from the Chesapeake Bay. We like to throw parties. We like to go to parties.** We believe in family. **We think of our customers as family.** We think good food is the spice of life. **We look for ways to make our food good for you. We take your feedback seriously.** We try not to take ourselves too seriously. **We obsess over the little stuff.** We believe that great service is part of great barbeque. **We give to our communities. We get back from our communities.** We respect our environment. **We are constantly improving.** We believe in providing customers with good value. **We value your time. We love what we do.**

We hope you do too.

## **ROCKLANDS** Barbeque and Grilling Company

### **MENU** Eat in or carry out

Grab this menu on your way out the door so you're ready for your next ROCKLANDS experience!

#### **WASHINGTON, D.C.**

2418 Wisconsin Avenue, NW, Washington, DC 20007  
202.333.2558

#### **ALEXANDRIA**

25 S. Quaker Lane, Alexandria, VA 22314  
703.778.9663

#### **ARLINGTON**

3471 Washington Blvd., Arlington, VA 22201  
703.528.9663

#### **ROCKVILLE**

Wintergreen Shopping Center, 891A Rockville Pike,  
Rockville, MD 20852  
240.268.1120

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**Whole barbequed pigs available -  
Makes for a memorable party -  
Inquire at your favorite ROCKLANDS**

Call us to cater your next party,  
family event,  
office lunch or wedding!  
703.778.8000

**www.rocklands.com**

(follow us on Facebook and  
Twitter @rocklandsbbq & @rocklandstruck)